

## CTS DIAGNOSTIC QUESTIONNAIRE

CARPAL TUNNEL SYNDROME DIAGNOSTIC QUESTIONNAIRE	YES	NO	N/A
Has pain in the wrist woken you at night?	1	0	
Has tingling and numbness in your hand woken you during the night?	1	0	
Has tingling and numbness in your hand been more pronounced first thing in the morning?	1	0	
Do you have/perform any trick movements to make the tingling, numbness go from your hands?	1	0	
Do you have tingling and numbness in your little finger at any time?	0	3	
Has tingling and numbness presented when you were reading a newspaper, steering a car or knitting?	1	0	
Do you have any neck pain?	1	0	
Has the tingling and numbness in your hand been severe during pregnancy?	1	Subtract 1	0
Has wearing a splint on your wrist helped the tingling and numbness?	2	0	0
<b>TOTAL</b>			

- A score of <3 is unlikely to be indicative of Carpal Tunnel Syndrome
- A score of 3-4 suggests Carpal Tunnel Syndrome is possible cause of symptoms
- A score of 5 or more is strongly suggestive of Carpal Tunnel Syndrome